

# Coquitlam Crunch Diversity Challenge 2019

September 7, 2019

Results By TRIO Sport Events Ltd. TRIO Sport Events [www.trioevents.ca](http://www.trioevents.ca)



## Recreational

### Female

Place	Name	Bib No	Segments	Total Time	Pace	Distance
1	Jannette Nugent	307	6	2:08:35	9:44/K	13.20000
2	Cerys Jones	313	6	2:34:16	11:41/K	13.20000
3	Lauren Ang	338	6	2:52:13	13:03/K	13.20000
4	Gill McCulloch	274	5	1:54:23	10:24/K	11.00000
5	Adele Brooks	254	4	1:20:40	9:10/K	8.80000
6	Virgina Bernotiene	337	4	1:54:17	12:59/K	8.80000
7	Abbigayle Paul	345	4	2:23:51	16:21/K	8.80000
8	Fegan Saundry	330	4	2:35:06	17:38/K	8.80000
9	Rya Trueman	297	4	2:35:07	17:38/K	8.80000
10	Chloe Soundry	329	4	2:35:12	17:38/K	8.80000
11	Pam Silvey	293	4	2:35:28	17:40/K	8.80000
12	Kelly Pollock	339	3	1:44:23	15:49/K	6.60000
13	Natalie McKay	327	2	36:36	8:19/K	4.40000
14	Sara Badiei	326	2	37:16	8:28/K	4.40000
15	Alanna Wu	303	2	43:15	9:50/K	4.40000
16	Judy Yang	305	2	43:15	9:50/K	4.40000
17	Emma Boardman	253	2	53:05	12:04/K	4.40000
18	Paulina Henderson	315	2	58:14	13:14/K	4.40000
19	Sophia Henderson	316	2	58:15	13:14/K	4.40000
20	Ruth Morrison	319	2	1:00:25	13:44/K	4.40000
21	Gulian Wark	309	2	1:00:26	13:44/K	4.40000
22	Anh Hoang	264	2	1:04:41	14:42/K	4.40000
23	Ruby Henderson	263	2	1:09:24	15:47/K	4.40000
24	Geraldine Hillaird	320	2	1:11:49	16:19/K	4.40000
25	Capri Saunderson	292	2	1:16:29	17:23/K	4.40000
26	Marci King	269	2	1:16:29	17:23/K	4.40000
27	Isla Dow	324	2	1:16:57	17:29/K	4.40000
28	Delpneet Bains	333	2	1:24:51	19:17/K	4.40000
29	Savannah Ratcliffe	332	2	1:32:38	21:03/K	4.40000
30	Mandy Ratcliffe	331	2	1:32:44	21:05/K	4.40000
31	Meghan McDonald	276	2	1:32:44	21:05/K	4.40000
32	Aya Woods	300	2	1:47:00	24:19/K	4.40000
33	Sara Woods	301	2	1:47:01	24:19/K	4.40000
34	Bethany Chung	342	2	1:51:51	25:25/K	4.40000
35	Brianna Chung	343	2	1:51:52	25:25/K	4.40000
36	Burnice Chung	341	2	1:51:54	25:26/K	4.40000
37	Taish Mandewo	325	2	1:54:23	26:00/K	4.40000
38	Amber Sadgrove	289	2	2:00:19	27:21/K	4.40000
39	Maddie Sadgrove	287	2	2:00:19	27:21/K	4.40000
40	Michelle Chu	255	2	2:00:19	27:21/K	4.40000
41	Yuki Matusuzaki	334	2	2:04:35	28:19/K	4.40000
42	Zoey Rintoul	335	2	2:04:36	28:19/K	4.40000
43	Kaelyn Clarke	257	2	2:49:37	38:33/K	4.40000
44	Angela Moorw	281	1	2:40:28	72:57/K	2.20000
45	Lily Kuwabon	351	1	2:47:03	75:56/K	2.20000
46	Molly Chuang	348	1	2:49:39	77:07/K	2.20000
47	Chy Yu Lee	349	1	2:49:39	77:07/K	2.20000

## Male

Place	Name	Bib No	Segments	Total Time	Pace	Distance
1	Felix Wu	302	8	2:34:03	8:45/K	17.60000
2	Jonas Derontas	336	4	1:53:32	12:54/K	8.80000
3	Peter Jones	312	4	1:58:46	13:30/K	8.80000
4	Ethon Poul	346	4	2:19:18	15:50/K	8.80000
5	Peter Paul	344	4	2:23:51	16:21/K	8.80000
6	Garrett Saundry	328	4	2:36:16	17:46/K	8.80000
7	Stephen Trueman	296	4	2:36:16	17:46/K	8.80000
8	Robinson Pollock	340	3	1:44:22	15:49/K	6.60000
9	Jarrold Cowan	306	2	31:28	7:09/K	4.40000
10	Lance Wu	304	2	42:02	9:33/K	4.40000
11	Morgan Hillard	321	2	51:19	11:40/K	4.40000
12	Richard Stewart	295	2	53:03	12:03/K	4.40000
13	Eric Cooper	260	2	53:05	12:04/K	4.40000
14	Oldrich Gouba	308	2	1:04:29	14:39/K	4.40000
15	Alex Henderson	262	2	1:09:36	15:49/K	4.40000
16	Senar Hilliard	322	2	1:11:57	16:21/K	4.40000
17	Nathan Baia	318	2	1:12:00	16:22/K	4.40000
18	Jason Baia	317	2	1:12:00	16:22/K	4.40000
19	Brad Dow	323	2	1:17:57	17:43/K	4.40000
20	Coby Woods	299	2	1:47:00	24:19/K	4.40000
21	Sunny Luk	271	2	1:52:53	25:39/K	4.40000
22	Keating Sadgrove	291	2	2:00:16	27:20/K	4.40000
23	Miller Sadgrove	290	2	2:00:18	27:21/K	4.40000
24	Jeff Sadgrove	286	2	2:00:21	27:21/K	4.40000
25	Scott Sadgrove	288	2	2:00:21	27:21/K	4.40000
26	Taiga Kuwabon	352	2	2:41:44	36:46/K	4.40000
27	Ian Clarke	256	2	2:49:35	38:33/K	4.40000
28	Aaron Clarke	258	2	2:49:36	38:33/K	4.40000
29	Himali Kuwabon	350	1	2:47:03	75:56/K	2.20000